

Summer 2007

PROGRESSION for Short Course Meters

Kristie Bogensberger 7-8	25 FR	25 BA	25 BR	25 FLY							
SEASON BEST	:28.65	:34.07	:52.25	:36.22							
PINE FOREST PRACTICE 05/31/2007	:31.50	:40.60	1:05.00	:42.91							
PFCC @ COOSAW CREEK 06/05/2007		:38.00		:43.53							
PFCC @ HOBCAW YC 06/07/2007		:34.07		:40.38							
CROWFIELD @ PFCC 06/12/2007	:29.41	:34.85									
WILD DUNES @ PFCC 06/14/2007				:41.90							
LONG POINT @ PFCC 06/19/2007				:44.10							
PFCC @ ASHBOROUGH 06/21/2007			:52.25								
HOBCAW @ PFCC 06/28/2007				:44.03							
NORTH BRIDGE TERRACE 07/03/2007	:28.65			:41.66							
2007 CITY MEET 07/15/2007				:36.22							

Summer 2007

PROGRESSION for Short Course Meters

Molly Brown	7-8	25 FR	25 BA	25 BR	25 FLY							
SEASON BEST		:25.18	:40.30	:39.65	:41.29							
PFCC @ COOSAW CREEK	06/05/2007	:30.09	:40.30									
CROWFIELD @ PFCC	06/12/2007	:28.92			:41.29							
WILD DUNES @ PFCC	06/14/2007	:25.18		:39.65								
LONG POINT @ PFCC	06/19/2007	:28.78			:43.42							
PFCC @ ASHBOROUGH	06/21/2007	:31.67		:46.48								
HOBCAW @ PFCC	06/28/2007	:27.03			:41.41							
NORTH BRIDGE TERRACE	07/03/2007	:27.21										

Summer 2007

PROGRESSION for Short Course Meters

Caroline Edwards	7-8	25 FR	25 BA	25 BR	25 FLY							
SEASON BEST		:20.05	:30.47	:25.75	:26.93							
PINE FOREST PRACTICE	05/31/2007		:30.47	:29.72	:31.82							
PFCC @ COOSAW CREEK	06/05/2007			:27.49								
PFCC @ HOBCAW YC	06/07/2007			:27.88	:29.37							
CROWFIELD @ PFCC	06/12/2007	:21.72		:27.59	:29.38							
WILD DUNES @ PFCC	06/14/2007			:28.19	:28.97							
LONG POINT @ PFCC	06/19/2007	:20.71		:27.55								
PFCC @ ASHBOROUGH	06/21/2007	:49.35		:27.80	:28.45							
HOBCAW @ PFCC	06/28/2007	:20.05		:26.22								
NORTH BRIDGE TERRACE	07/03/2007	:21.02		:26.28	:31.44							
2007 CITY MEET	07/15/2007			:25.75	:26.93							

Summer 2007

PROGRESSION for Short Course Meters

Ellen Guildord	7-8	25 FR	25 BA	25 FLY								
SEASON BEST		:43.40	2:07.00	:42.69								
PINE FOREST PRACTICE	05/31/2007	:48.78	2:07.00	1:14.00								
PFCC @ COOSAW CREEK	06/05/2007	:47.90										
CROWFIELD @ PFCC	06/12/2007	:44.50										
PFCC @ ASHBOROUGH	06/21/2007	:43.40		:56.87								
NORTH BRIDGE TERRACE	07/03/2007			:42.69								

Summer 2007

PROGRESSION for Short Course Meters

Kendall Guyer	7-8	25 FR	25 BA	25 BR	25 FLY							
SEASON BEST		:29.46	:38.15	:42.37	:49.06							
PINE FOREST PRACTICE	05/31/2007	:38.19	:41.00	:42.37	:49.06							
PFCC @ COOSAW CREEK	06/05/2007			:47.29								
PFCC @ HOBCAW YC	06/07/2007	:34.69	:43.96									
CROWFIELD @ PFCC	06/12/2007	:29.46										
WILD DUNES @ PFCC	06/14/2007		:38.15									
LONG POINT @ PFCC	06/19/2007	:32.97										
PFCC @ ASHBOROUGH	06/21/2007	:36.03	:38.38									
HOBCAW @ PFCC	06/28/2007	:30.82										
NORTH BRIDGE TERRACE	07/03/2007	:30.19										

Summer 2007

PROGRESSION for Short Course Meters

Sutton Jones	7-8	25 FR	25 BA	25 BR	25 FLY							
SEASON BEST		:17.06	:30.31	:25.75	:24.94							
PINE FOREST PRACTICE	05/31/2007	:22.28	:30.31	:27.56	:26.94							
PFCC @ COOSAW CREEK	06/05/2007	:17.06										
PFCC @ HOBCAW YC	06/07/2007	:21.61		:28.46								
CROWFIELD @ PFCC	06/12/2007	:21.66		:27.62								
WILD DUNES @ PFCC	06/14/2007	:20.41		:26.00								
LONG POINT @ PFCC	06/19/2007			:25.75	:26.59							
PFCC @ ASHBOROUGH	06/21/2007			:28.25	:28.84							
HOBCAW @ PFCC	06/28/2007	:19.21		:26.25	:24.94							
NORTH BRIDGE TERRACE	07/03/2007	:20.03		:27.25								
2007 CITY MEET	07/15/2007	:19.15		:26.55								

Summer 2007

PROGRESSION for Short Course Meters

Mattee Rivers	7-8	25 FR	25 BA	25 BR	25 FLY							
SEASON BEST		:36.75	:39.37	1:00.06	:41.37							
PINE FOREST PRACTICE	05/31/2007		:48.72	1:00.06	:48.79							
PFCC @ COOSAW CREEK	06/05/2007				:47.40							
CROWFIELD @ PFCC	06/12/2007	:41.47										
WILD DUNES @ PFCC	06/14/2007	:36.75			:41.37							
PFCC @ ASHBOROUGH	06/21/2007	:37.52	:39.37									
NORTH BRIDGE TERRACE	07/03/2007	:38.53										

Summer 2007

PROGRESSION for Short Course Meters

Arrington Scholz	7-8	25 FR	25 BA	25 BR	25 FLY							
SEASON BEST		:26.97	:27.65	:55.25	:34.00							
PINE FOREST PRACTICE	05/31/2007	:38.88	:39.00	:55.25	:34.00							
PFCC @ COOSAW CREEK	06/05/2007	:37.62	:36.90									
PFCC @ HOBCAW YC	06/07/2007	:31.39	:30.52									
CROWFIELD @ PFCC	06/12/2007		:31.35									
WILD DUNES @ PFCC	06/14/2007	:26.97	:30.37									
LONG POINT @ PFCC	06/19/2007		:29.22									
PFCC @ ASHBOROUGH	06/21/2007		:28.62									
HOBCAW @ PFCC	06/28/2007		:38.03									
NORTH BRIDGE TERRACE	07/03/2007	:29.25	:27.65									
2007 CITY MEET	07/15/2007		:30.82									

Summer 2007

PROGRESSION for Short Course Meters

Katie Stagliano	7-8	25 FR	25 BA	25 BR	25 FLY							
SEASON BEST		:19.56	:25.10	:31.28	:35.01							
PINE FOREST PRACTICE	05/31/2007		:31.12	:34.41	:35.01							
WILD DUNES @ PFCC	06/14/2007	:20.67	:29.00									
LONG POINT @ PFCC	06/19/2007	:19.56	:27.50	:31.28								
PFCC @ ASHBOROUGH	06/21/2007	:22.51	:28.26									
HOBCAW @ PFCC	06/28/2007		:28.10	:32.75								
NORTH BRIDGE TERRACE	07/03/2007		:26.68									
2007 CITY MEET	07/15/2007	:20.81	:25.10									

Summer 2007

PROGRESSION for Short Course Meters

Breann Beasley	9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:38.66	:51.62	:52.60	1:16.47	2:16.00						
PINE FOREST PRACTICE	05/31/2007	:48.03	:54.80	1:04.16	1:16.47	2:16.00						
PFCC @ COOSAW CREEK	06/05/2007	:42.88										
PFCC @ HOB CAW YC	06/07/2007	:44.04	:54.65									
LONG POINT @ PFCC	06/19/2007	:42.60	:52.62									
PFCC @ ASHBOROUGH	06/21/2007	:45.39	:52.31									
HOB CAW @ PFCC	06/28/2007	:38.66	:53.64									
NORTH BRIDGE TERRACE	07/03/2007		:51.62									
2007 CITY MEET	07/15/2007		:52.11	:52.60								

Summer 2007

PROGRESSION for Short Course Meters

Mackenzie Bowen	9-10	50 FR	50 BA	50 BR	100 I.M.							
SEASON BEST		:42.72	1:08.40	:54.59	1:57.50							
PINE FOREST PRACTICE	05/31/2007		1:08.40	1:01.66	2:13.00							
PFCC @ COOSAW CREEK	06/05/2007	:43.40		:57.63	2:08.48							
CROWFIELD @ PFCC	06/12/2007	:45.75			2:05.73							
WILD DUNES @ PFCC	06/14/2007			:54.59								
LONG POINT @ PFCC	06/19/2007			:56.42	2:04.84							
PFCC @ ASHBOROUGH	06/21/2007			:56.46	2:04.50							
HOBCAW @ PFCC	06/28/2007			:56.25	2:02.41							
2007 CITY MEET	07/15/2007	:42.72			1:57.50							

Summer 2007

PROGRESSION for Short Course Meters

Elizabeth Delillo	9-10	50 FR	50 BA	50 BR	100 I.M.							
SEASON BEST		1:08.15	1:12.00	1:09.75	2:56.00							
PINE FOREST PRACTICE	05/31/2007	1:11.00	1:12.00	1:18.00	2:56.00							
PFCC @ COOSAW CREEK	06/05/2007	1:08.15										
WILD DUNES @ PFCC	06/14/2007	1:08.19		1:22.93								
PFCC @ ASHBOROUGH	06/21/2007			1:09.75								

Summer 2007

PROGRESSION for Short Course Meters

Elizabeth Edwards	9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:46.65	:59.04	1:03.63	1:17.04	2:05.47						
PINE FOREST PRACTICE	05/31/2007	:46.65	:59.85	1:12.31	1:17.04	2:18.93						
PFCC @ COOSAW CREEK	06/05/2007		:59.19			2:17.31						
PFCC @ HOBCAW YC	06/07/2007		:59.04	1:08.86		2:16.60						
CROWFIELD @ PFCC	06/12/2007	:48.63	:59.70	1:11.70		2:18.25						
WILD DUNES @ PFCC	06/14/2007	:49.20	:59.53									
LONG POINT @ PFCC	06/19/2007					2:06.97						
NORTH BRIDGE TERRACE	07/03/2007		1:03.69									
2007 CITY MEET	07/15/2007			1:03.63		2:05.47						

Summer 2007

PROGRESSION for Short Course Meters

Reeves Goettee	9-10	50 FR	50 BR	50 FLY	100 I.M.							
SEASON BEST		:43.58	:59.59	:58.31	1:59.12							
PFCC @ COOSAW CREEK	06/05/2007	:48.28		:58.31								
PFCC @ HOBCAW YC	06/07/2007		1:03.03	1:01.08								
CROWFIELD @ PFCC	06/12/2007	:48.75		:59.95								
WILD DUNES @ PFCC	06/14/2007		1:04.80	1:04.11								
LONG POINT @ PFCC	06/19/2007		1:04.34	1:01.33								
PFCC @ ASHBOROUGH	06/21/2007	:46.26	1:01.36	:59.56	2:05.51							
HOBCAW @ PFCC	06/28/2007		:59.59	:58.75	2:02.18							
NORTH BRIDGE TERRACE	07/03/2007	:43.58			1:59.12							

Summer 2007

PROGRESSION for Short Course Meters

Samantha Hilleshiem 9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST	:48.10	:55.75	1:13.19	:50.40	2:07.47						
PINE FOREST PRACTICE 05/31/2007	:50.75	1:02.62	1:23.83	1:02.78	2:24.88						
PFCC @ COOSAW CREEK 06/05/2007	:51.69			1:02.41							
PFCC @ HOBCAW YC 06/07/2007		:57.10		1:01.31	2:10.94						
CROWFIELD @ PFCC 06/12/2007	:50.96			1:07.69							
WILD DUNES @ PFCC 06/14/2007		:58.97		1:00.57							
LONG POINT @ PFCC 06/19/2007		:59.81		1:00.98							
PFCC @ ASHBOROUGH 06/21/2007		:55.75		:59.84							
HOBCAW @ PFCC 06/28/2007	:48.10		1:13.19	:54.91	2:07.47						
NORTH BRIDGE TERRACE 07/03/2007	:49.16			:59.43							
2007 CITY MEET 07/15/2007		:57.90		:50.40							

Summer 2007

PROGRESSION for Short Course Meters

Brittany Miles	9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:55.12	1:02.56	1:25.35	1:23.22	2:41.78						
PINE FOREST PRACTICE	05/31/2007	1:04.00	1:15.09	1:25.35	1:23.22	2:41.78						
CROWFIELD @ PFCC	06/12/2007	1:16.40	1:06.57									
WILD DUNES @ PFCC	06/14/2007		1:11.59									
LONG POINT @ PFCC	06/19/2007	:59.50										
PFCC @ ASHBOROUGH	06/21/2007	1:00.81										
HOBCAW @ PFCC	06/28/2007		1:02.56									
NORTH BRIDGE TERRACE	07/03/2007	:55.12	1:06.50									

Summer 2007

PROGRESSION for Short Course Meters

Kaitlyn Sullivan	9-10	50 FR	50 BA	50 FLY	100 I.M.							
SEASON BEST		:44.33	:59.90	:55.00	2:15.73							
PFCC @ COOSAW CREEK	06/05/2007	:44.99	1:02.13	1:05.26								
PFCC @ HOBCAW YC	06/07/2007	:46.85			2:15.73							
CROWFIELD @ PFCC	06/12/2007	:44.33										
LONG POINT @ PFCC	06/19/2007	:44.78		:55.00								
PFCC @ ASHBOROUGH	06/21/2007	:47.28	1:03.97									
HOBCAW @ PFCC	06/28/2007	:44.53	:59.90									
NORTH BRIDGE TERRACE	07/03/2007	:47.32		1:03.35								
2007 CITY MEET	07/15/2007	:45.98		1:04.46								

Summer 2007

PROGRESSION for Short Course Meters

Julia Whitten	9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		1:00.50	1:14.56	1:09.81	1:22.62	2:59.75						
PINE FOREST PRACTICE	05/31/2007	1:04.26	1:21.77	1:15.49	1:22.62	2:59.75						
PFCC @ COOSAW CREEK	06/05/2007		1:14.56	1:14.31								
PFCC @ HOBCAW YC	06/07/2007	1:01.47										
CROWFIELD @ PFCC	06/12/2007	1:04.55		1:09.81								
LONG POINT @ PFCC	06/19/2007			1:15.05								
PFCC @ ASHBOROUGH	06/21/2007	1:05.69		1:10.78								
HOBCAW @ PFCC	06/28/2007	1:01.28		1:09.88								
NORTH BRIDGE TERRACE	07/03/2007	1:00.50		1:11.59								

Summer 2007

PROGRESSION for Short Course Meters

Mary Grace Beson	11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:41.57	:49.62	1:03.00	:58.28	2:04.00						
PINE FOREST PRACTICE	05/31/2007	:43.38	:53.87	1:03.00	:58.28	2:04.00						
WILD DUNES @ PFCC	06/14/2007	:41.57	:49.62									
LONG POINT @ PFCC	06/19/2007		:50.28									
PFCC @ ASHBOROUGH	06/21/2007	:44.15										
HOBCAW @ PFCC	06/28/2007		:54.57									
NORTH BRIDGE TERRACE	07/03/2007	:44.50		1:03.05								

Summer 2007

PROGRESSION for Short Course Meters

Katie Bogensberger	11-12	50 FR	50 BR	50 FLY	100 I.M.							
SEASON BEST		:35.78	:42.97	:40.26	1:27.84							
PINE FOREST PRACTICE	05/31/2007	:37.00	:48.62	:43.00	1:35.25							
PFCC @ COOSAW CREEK	06/05/2007			:42.37	1:28.82							
PFCC @ HOBCAW YC	06/07/2007			:41.53	1:30.74							
CROWFIELD @ PFCC	06/12/2007	:35.78		:44.25	1:34.84							
WILD DUNES @ PFCC	06/14/2007		:46.85	:42.63								
LONG POINT @ PFCC	06/19/2007			:43.12	1:30.63							
PFCC @ ASHBOROUGH	06/21/2007		:46.54	:44.16	1:31.09							
HOBCAW @ PFCC	06/28/2007		:47.56	:44.34	1:32.12							
NORTH BRIDGE TERRACE	07/03/2007			:45.50	1:30.86							
2007 CITY MEET	07/15/2007		:42.97	:40.26	1:27.84							

Summer 2007

PROGRESSION for Short Course Meters

Lauren Cercopely	11-12	50 FR	50 BR	50 FLY								
SEASON BEST		:43.04	:48.56	:56.00								
PFCC @ COOSAW CREEK	06/05/2007	:43.04		:56.00								
CROWFIELD @ PFCC	06/12/2007	:43.25	:48.74									
NORTH BRIDGE TERRACE	07/03/2007		:48.56									

Summer 2007

PROGRESSION for Short Course Meters

Maria Edwards	11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:39.03	:59.97	:50.81	:59.25	2:05.10						
PINE FOREST PRACTICE	05/31/2007	:42.84	:59.97	1:02.38	:59.25	2:05.10						
PFCC @ COOSAW CREEK	06/05/2007	:42.00										
PFCC @ HOBCAW YC	06/07/2007	:39.03		:50.81								
CROWFIELD @ PFCC	06/12/2007	:43.62										
WILD DUNES @ PFCC	06/14/2007	:40.25										
HOBCAW @ PFCC	06/28/2007	:39.37										
NORTH BRIDGE TERRACE	07/03/2007	:39.81										

Summer 2007

PROGRESSION for Short Course Meters

Jazlyn Hooks	11-12	50 FR	50 BA									
SEASON BEST		:38.50	:47.08									
PFCC @ COOSAW CREEK	06/05/2007	:44.41										
PFCC @ HOBCAW YC	06/07/2007	:42.87	:49.69									
CROWFIELD @ PFCC	06/12/2007	:40.57										
WILD DUNES @ PFCC	06/14/2007		:48.63									
LONG POINT @ PFCC	06/19/2007		:47.19									
PFCC @ ASHBOROUGH	06/21/2007		:47.08									
NORTH BRIDGE TERRACE	07/03/2007	:38.50	:48.08									

Summer 2007

PROGRESSION for Short Course Meters

Mackenzie Jones	11-12	50 FR	50 BR	50 FLY	100 I.M.							
SEASON BEST		:47.00	:55.29	:49.88	1:55.51							
PFCC @ COOSAW CREEK	06/05/2007		:55.29									
PFCC @ HOBCAW YC	06/07/2007		:56.58	:49.88	1:55.51							
CROWFIELD @ PFCC	06/12/2007	:47.00										
LONG POINT @ PFCC	06/19/2007		:59.47	:55.96								
NORTH BRIDGE TERRACE	07/03/2007		:59.44									

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PROGRESSION for Short Course Meters

Logan Mann	11-12	50 FR										
SEASON BEST		1:03.28										
WILD DUNES @ PFCC	06/14/2007	1:03.28										

Summer 2007

PROGRESSION for Short Course Meters

Julie Masciale	11-12	50 FR	50 BR									
SEASON BEST		:38.15	:48.55									
PFCC @ COOSAW CREEK	06/05/2007	:40.56	:54.25									
CROWFIELD @ PFCC	06/12/2007	:38.97	:51.34									
WILD DUNES @ PFCC	06/14/2007	:39.85	:52.34									
LONG POINT @ PFCC	06/19/2007	:39.16										
PFCC @ ASHBOROUGH	06/21/2007	:39.84	:51.07									
HOBCAW @ PFCC	06/28/2007	:38.84	:49.47									
NORTH BRIDGE TERRACE	07/03/2007	:38.15	:48.55									
2007 CITY MEET	07/15/2007	:38.78										

Summer 2007

PROGRESSION for Short Course Meters

Bridget Murtagh	11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:39.06	:48.12	:49.12	:46.68	1:42.27						
PFCC @ COOSAW CREEK	06/05/2007			:51.38								
PFCC @ HOBCAW YC	06/07/2007			:49.12	:46.68							
CROWFIELD @ PFCC	06/12/2007			:52.19								
WILD DUNES @ PFCC	06/14/2007	:39.35		:52.84								
LONG POINT @ PFCC	06/19/2007					1:42.27						
PFCC @ ASHBOROUGH	06/21/2007			:51.94	:52.00							
HOBCAW @ PFCC	06/28/2007				:50.63							
NORTH BRIDGE TERRACE	07/03/2007	:39.06	:48.12		:51.12							
2007 CITY MEET	07/15/2007				:47.80							

Summer 2007

PROGRESSION for Short Course Meters

Madison Rosado	11-12	50 FR	50 BA	50 BR								
SEASON BEST		:42.56	:49.18	1:03.41								
CROWFIELD @ PFCC	06/12/2007		:49.18									
WILD DUNES @ PFCC	06/14/2007			1:03.41								
HOBCAW @ PFCC	06/28/2007	:44.03	:51.50									
NORTH BRIDGE TERRACE	07/03/2007	:42.56	:50.09									

Summer 2007

PROGRESSION for Short Course Meters

Penny Sharpe	11-12	50 FR	50 BA	50 FLY								
SEASON BEST		:38.47	:45.44	:57.03								
LONG POINT @ PFCC	06/19/2007			:57.03								
HOBCAW @ PFCC	06/28/2007	:38.47	:45.44									
NORTH BRIDGE TERRACE	07/03/2007			:57.50								
2007 CITY MEET	07/15/2007		:46.32									

Summer 2007

PROGRESSION for Short Course Meters

Rebecca Skow	11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:35.59	:43.08	:45.50	:49.50	1:34.22						
PINE FOREST PRACTICE	05/31/2007	:38.22	:44.97	:50.75	:49.50	1:46.47						
PFCC @ COOSAW CREEK	06/05/2007		:44.60			1:40.55						
PFCC @ HOBCAW YC	06/07/2007		:43.08			1:38.02						
LONG POINT @ PFCC	06/19/2007		:44.22			1:34.25						
PFCC @ ASHBOROUGH	06/21/2007	:36.57	:44.56			1:36.54						
HOBCAW @ PFCC	06/28/2007		:43.66	:45.50		1:34.22						
NORTH BRIDGE TERRACE	07/03/2007	:38.00	:46.96			1:38.58						
2007 CITY MEET	07/15/2007	:35.59	:43.57	:45.63		1:34.26						

Summer 2007

PROGRESSION for Short Course Meters

Mariah Trevillian	11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:33.75	:46.46	:45.78	:47.29	1:40.12						
PFCC @ COOSAW CREEK	06/05/2007		:47.06		:48.78							
CROWFIELD @ PFCC	06/12/2007		:46.46		:51.97	1:40.12						
WILD DUNES @ PFCC	06/14/2007				:47.29							
LONG POINT @ PFCC	06/19/2007			:45.78								
2007 CITY MEET	07/15/2007	:33.75										

Summer 2007

PROGRESSION for Short Course Meters

Kendal Bacon	13-14	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:31.53	:35.28	:45.84	:33.46	1:19.98						
PINE FOREST PRACTICE	05/31/2007	:31.53	:36.40	:45.84	:36.12	1:20.53						
PFCC @ COOSAW CREEK	06/05/2007		:35.40		:33.56	1:20.16						
LONG POINT @ PFCC	06/19/2007		:35.69		:34.42	1:19.98						
HOBCAW @ PFCC	06/28/2007		:35.35		:35.19	1:20.44						
NORTH BRIDGE TERRACE	07/03/2007		:35.29		:34.44							
2007 CITY MEET	07/15/2007		:35.28		:33.46							

Summer 2007

PROGRESSION for Short Course Meters

Kelly Bogensberger	13-14	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:33.82	:43.12	:47.31	:35.09	1:28.59						
PINE FOREST PRACTICE	05/31/2007	:35.09	:43.12	:49.43	:38.03	1:31.62						
PFCC @ COOSAW CREEK	06/05/2007			:48.18	:37.81							
PFCC @ HOBCAW YC	06/07/2007			:47.76	:37.53							
CROWFIELD @ PFCC	06/12/2007			:48.49	:38.37							
WILD DUNES @ PFCC	06/14/2007			:48.53	:38.47							
LONG POINT @ PFCC	06/19/2007	:34.69			:39.27							
PFCC @ ASHBOROUGH	06/21/2007	:33.89		:47.31		1:28.59						
HOBCAW @ PFCC	06/28/2007			:47.59	:38.84	1:28.70						
NORTH BRIDGE TERRACE	07/03/2007			:47.57	:35.09							
2007 CITY MEET	07/15/2007	:33.82		:47.89								

Summer 2007

PROGRESSION for Short Course Meters

Brianne Jones	13-14	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:28.94	:35.43	:39.00	:38.75	1:14.92						
PINE FOREST PRACTICE	05/31/2007	:30.94	:41.75	:42.56	:38.75	1:21.94						
PFCC @ COOSAW CREEK	06/05/2007	:30.79	:36.60									
PFCC @ HOBCAW YC	06/07/2007	:29.76	:36.53			1:15.30						
CROWFIELD @ PFCC	06/12/2007	:32.27	:37.23									
WILD DUNES @ PFCC	06/14/2007	:30.43	:35.43									
LONG POINT @ PFCC	06/19/2007		:35.85	:39.00		1:18.00						
PFCC @ ASHBOROUGH	06/21/2007	:30.57	:37.53			1:17.33						
HOBCAW @ PFCC	06/28/2007	:30.34	:36.10			1:18.21						
NORTH BRIDGE TERRACE	07/03/2007	:29.62	:35.95			1:16.14						
2007 CITY MEET	07/15/2007	:28.94	:35.65			1:14.92						

Summer 2007

PROGRESSION for Short Course Meters

Elizabeth Miler	13-14	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:31.18	:38.10	:36.14	:35.02	1:15.50						
PINE FOREST PRACTICE	05/31/2007	:31.18	:38.10	:38.87	:37.82	1:21.47						
PFCC @ COOSAW CREEK	06/05/2007			:36.41		1:15.52						
PFCC @ HOBCEW YC	06/07/2007			:36.14	:35.02	1:15.79						
LONG POINT @ PFCC	06/19/2007			:37.44	:36.69	1:16.50						
PFCC @ ASHBOROUGH	06/21/2007			:36.66	:35.81	1:15.50						
2007 CITY MEET	07/15/2007			:36.41	:35.50	1:15.82						

Summer 2007

PROGRESSION for Short Course Meters

Katherine Russell	13-14	50 FR	50 BR									
SEASON BEST		:41.13	:51.13									
CROWFIELD @ PFCC	06/12/2007	:42.06	:53.41									
HOBCAW @ PFCC	06/28/2007	:41.13	:51.13									

Summer 2007

PROGRESSION for Short Course Meters

Heather Wentzel	13-14	50 FR	50 BA	50 FLY								
SEASON BEST		:38.22	:51.56	:48.22								
PFCC @ COOSAW CREEK	06/05/2007	:40.03										
CROWFIELD @ PFCC	06/12/2007	:48.74	:51.56	:48.22								
WILD DUNES @ PFCC	06/14/2007		:53.78	:51.31								
LONG POINT @ PFCC	06/19/2007	:40.22										
HOBCAW @ PFCC	06/28/2007	:38.22										
NORTH BRIDGE TERRACE	07/03/2007	:38.25										

Summer 2007

PROGRESSION for Short Course Meters

Kelsey Bouknight	15-18	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:36.47	:50.70	:48.25	:48.69	1:49.13						
PINE FOREST PRACTICE	05/31/2007	:38.62	:59.18	:53.79	:48.69	1:49.13						
PFCC @ COOSAW CREEK	06/05/2007		:52.66	:51.85								
PFCC @ HOBCAW YC	06/07/2007	:51.53		:48.25								
CROWFIELD @ PFCC	06/12/2007	:38.57		:51.72								
WILD DUNES @ PFCC	06/14/2007			:51.25								
LONG POINT @ PFCC	06/19/2007			:50.25								
PFCC @ ASHBOROUGH	06/21/2007		:50.70	:52.95								
HOBCAW @ PFCC	06/28/2007	:37.56		:50.12								
NORTH BRIDGE TERRACE	07/03/2007	:36.47		:49.44								

Summer 2007

PROGRESSION for Short Course Meters

Mills Goettee	15-18	50 FR	50 BA	100 I.M.								
SEASON BEST		:32.22	:39.44	1:31.72								
PFCC @ COOSAW CREEK	06/05/2007	:32.22	:43.28	1:31.72								
PFCC @ HOBCAW YC	06/07/2007		:40.05									
CROWFIELD @ PFCC	06/12/2007		:39.44									
WILD DUNES @ PFCC	06/14/2007		:41.62									

Summer 2007

PROGRESSION for Short Course Meters

Anne Marie Murtagh 15-18	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST	:31.56	:38.37	:39.67	:35.72	1:22.77						
PFCC @ COOSAW CREEK 06/05/2007			:41.43	:38.95							
PFCC @ HOBCAW YC 06/07/2007			:40.59	:36.90							
CROWFIELD @ PFCC 06/12/2007		:39.25		:37.10							
WILD DUNES @ PFCC 06/14/2007		:39.13		:36.47							
LONG POINT @ PFCC 06/19/2007	:32.98	:38.87		:35.72							
PFCC @ ASHBOROUGH 06/21/2007	:32.45	:39.34			1:22.77						
HOBCAW @ PFCC 06/28/2007		:38.48	:40.19								
NORTH BRIDGE TERRACE 07/03/2007	:31.56	:38.37									
2007 CITY MEET 07/15/2007		:38.66	:39.67								

Summer 2007

PROGRESSION for Short Course Meters

Michaela Murtagh	15-18	50 FR	50 BR	50 FLY								
SEASON BEST		:31.12	:38.30	:35.09								
PFCC @ COOSAW CREEK	06/05/2007		:38.84									
PFCC @ HOBCAW YC	06/07/2007	:31.12	:38.30									
CROWFIELD @ PFCC	06/12/2007		:40.42									
WILD DUNES @ PFCC	06/14/2007	:32.82	:40.60									
LONG POINT @ PFCC	06/19/2007		:40.19									
PFCC @ ASHBOROUGH	06/21/2007		:39.71	:35.09								
HOBCAW @ PFCC	06/28/2007		:39.12									
2007 CITY MEET	07/15/2007	:31.90	:39.18									

Summer 2007

PROGRESSION for Short Course Meters

Megan Trevillian	15-18	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:30.28	:37.41	:45.34	:33.76	1:18.30						
PINE FOREST PRACTICE	05/31/2007	:30.47	:37.41	:45.34	:35.30	1:22.81						
PFCC @ COOSAW CREEK	06/05/2007	:30.65			:34.28							
PFCC @ HOBCAW YC	06/07/2007	:30.60			:33.76	1:21.36						
CROWFIELD @ PFCC	06/12/2007	:30.37			:34.80							
WILD DUNES @ PFCC	06/14/2007	:30.68		:48.78	:34.97							
LONG POINT @ PFCC	06/19/2007	:30.28			:34.53	1:22.59						
PFCC @ ASHBOROUGH	06/21/2007	:30.54			:34.75	1:20.97						
HOBCAW @ PFCC	06/28/2007	:30.43			:34.56	1:20.56						
NORTH BRIDGE TERRACE	07/03/2007				:39.62	1:18.93						
2007 CITY MEET	07/15/2007	:30.76			:34.12	1:18.30						

Summer 2007

PROGRESSION for Short Course Meters

Brielle Weinstein	15-18	50 BA	50 FLY	100 I.M.								
SEASON BEST		:34.31	:32.41	1:12.52								
PFCC @ COOSAW CREEK	06/05/2007			1:14.24								
PFCC @ HOBCAW YC	06/07/2007	:34.31		1:13.75								
LONG POINT @ PFCC	06/19/2007	:35.60		1:16.01								
HOBCAW @ PFCC	06/28/2007	:34.74	:35.63	1:15.16								
2007 CITY MEET	07/15/2007	:34.34	:32.41	1:12.52								

Summer 2007

PROGRESSION for Short Course Meters

Austin Avant	7-8	25 FR	25 BA	25 BR	25 FLY							
SEASON BEST		:36.78	1:02.13	:30.20	1:08.00							
PINE FOREST PRACTICE	05/31/2007	:53.31	1:13.00	:30.20	1:08.00							
CROWFIELD @ PFCC	06/12/2007	:39.71										
WILD DUNES @ PFCC	06/14/2007	:36.78										
LONG POINT @ PFCC	06/19/2007		1:02.13									
PFCC @ ASHBOROUGH	06/21/2007	:48.62										

Summer 2007

PROGRESSION for Short Course Meters

Ben Boehm	7-8	25 FR	25 BA	25 BR	25 FLY							
SEASON BEST		:26.03	:33.81	:30.34	:34.66							
PINE FOREST PRACTICE	05/31/2007	:27.47	:35.25	:32.38	:35.81							
PFCC @ COOSAW CREEK	06/05/2007	:27.21										
PFCC @ HOBCAW YC	06/07/2007		:33.81		:35.34							
CROWFIELD @ PFCC	06/12/2007	:27.03		:32.07								
WILD DUNES @ PFCC	06/14/2007			:33.72	:34.66							
LONG POINT @ PFCC	06/19/2007	:28.13		:32.21	:39.40							
PFCC @ ASHBOROUGH	06/21/2007	:27.72		:34.14								
HOBCAW @ PFCC	06/28/2007	:26.03		:31.21								
NORTH BRIDGE TERRACE	07/03/2007			:30.34								

Summer 2007

PROGRESSION for Short Course Meters

Benjamin Diffley	7-8	25 FR	25 BA									
SEASON BEST		:32.81	:42.30									
PFCC @ COOSAW CREEK	06/05/2007		:42.30									
CROWFIELD @ PFCC	06/12/2007	:32.81										
LONG POINT @ PFCC	06/19/2007	:35.09										

Summer 2007

PROGRESSION for Short Course Meters

Braxton Hilleshiem	7-8	25 FR	25 BA	25 BR	25 FLY							
SEASON BEST		:40.21	:51.94	:38.10	1:00.00							
PINE FOREST PRACTICE	05/31/2007	:58.37	:53.19	:51.25	1:00.00							
PFCC @ COOSAW CREEK	06/05/2007	:42.41										
PFCC @ HOB CAW YC	06/07/2007	:46.54										
CROWFIELD @ PFCC	06/12/2007	1:09.23	:51.94									
PFCC @ ASHBOROUGH	06/21/2007	:40.21										
HOB CAW @ PFCC	06/28/2007			:38.10								
NORTH BRIDGE TERRACE	07/03/2007	:43.50										

Summer 2007

PROGRESSION for Short Course Meters

Jourdain Hooks	7-8	25 FR	25 BA	25 FLY								
SEASON BEST		:19.97	:25.00	:25.86								
PFCC @ COOSAW CREEK	06/05/2007	:22.88										
PFCC @ HOBCAW YC	06/07/2007	:21.79										
CROWFIELD @ PFCC	06/12/2007	:22.59										
WILD DUNES @ PFCC	06/14/2007		:27.78									
LONG POINT @ PFCC	06/19/2007	:20.69	:25.10									
PFCC @ ASHBOROUGH	06/21/2007	:22.06	:27.75									
HOBCAW @ PFCC	06/28/2007		:26.50									
NORTH BRIDGE TERRACE	07/03/2007	:19.97	:25.00									
2007 CITY MEET	07/15/2007		:34.44	:25.86								

Summer 2007

PROGRESSION for Short Course Meters

Jack Hosey	7-8	25 FR	25 BA	25 BR	25 FLY							
SEASON BEST		:21.50	:25.90	:31.56	:24.81							
PINE FOREST PRACTICE	05/31/2007	:23.20	:30.25	:37.75	:33.44							
PFCC @ COOSAW CREEK	06/05/2007		:27.88		:28.70							
PFCC @ HOBCAW YC	06/07/2007		:25.93	:34.78								
CROWFIELD @ PFCC	06/12/2007	:24.19										
WILD DUNES @ PFCC	06/14/2007	:23.81	:28.69									
LONG POINT @ PFCC	06/19/2007		:27.23	:33.89	:28.43							
PFCC @ ASHBOROUGH	06/21/2007		:27.73		:30.97							
HOBCAW @ PFCC	06/28/2007	:21.50	:28.00		:30.38							
NORTH BRIDGE TERRACE	07/03/2007	:23.51	:25.90	:31.56								
2007 CITY MEET	07/15/2007		:28.27		:24.81							

Summer 2007

PROGRESSION for Short Course Meters

Bennett Jones	7-8	25 FR	25 BA	25 BR	25 FLY							
SEASON BEST		:18.99	:35.25	:22.50	:27.69							
PINE FOREST PRACTICE	05/31/2007	:23.15	:35.25		:31.56							
PFCC @ COOSAW CREEK	06/05/2007	:28.91		:22.50								
PFCC @ HOBCAW YC	06/07/2007	:20.70		:27.44								
CROWFIELD @ PFCC	06/12/2007	:21.22		:26.87	:29.12							
WILD DUNES @ PFCC	06/14/2007	:19.81		:27.54	:30.55							
LONG POINT @ PFCC	06/19/2007			:25.61	:29.78							
PFCC @ ASHBOROUGH	06/21/2007			:27.22	:30.61							
HOBCAW @ PFCC	06/28/2007			:26.50	:28.60							
NORTH BRIDGE TERRACE	07/03/2007			:27.37	:27.69							
2007 CITY MEET	07/15/2007	:18.99		:24.82								

Summer 2007

PROGRESSION for Short Course Meters

Ray Mennetti	7-8	25 FR	25 BA	25 BR	25 FLY							
SEASON BEST		:20.31	:46.12	:35.69	:29.50							
PINE FOREST PRACTICE	05/31/2007	:20.31	:46.12	:35.69	:33.00							
PFCC @ COOSAW CREEK	06/05/2007				:31.70							
PFCC @ HOBCAW YC	06/07/2007				:32.90							
CROWFIELD @ PFCC	06/12/2007	:22.83			:32.47							
WILD DUNES @ PFCC	06/14/2007				:34.75							
HOBCAW @ PFCC	06/28/2007	:21.57										
NORTH BRIDGE TERRACE	07/03/2007	:22.00			:29.50							
2007 CITY MEET	07/15/2007	:21.87										

Summer 2007

PROGRESSION for Short Course Meters

Christopher Miles	7-8	25 FR	25 BA	25 BR	25 FLY							
SEASON BEST		:25.16	:31.89	:41.13	:42.84							
PINE FOREST PRACTICE	05/31/2007	:26.84	:37.72	:53.50	:42.84							
CROWFIELD @ PFCC	06/12/2007	:25.16	:31.89									
WILD DUNES @ PFCC	06/14/2007		:31.95	:41.13								
LONG POINT @ PFCC	06/19/2007	:26.13										
PFCC @ ASHBOROUGH	06/21/2007	:27.31										
NORTH BRIDGE TERRACE	07/03/2007	:25.31	:33.12									

Summer 2007

PROGRESSION for Short Course Meters

Andrew Murphy	7-8	25 FR	25 BA	25 BR	25 FLY							
SEASON BEST		:36.63	:53.00	1:30.00	:47.70							
PINE FOREST PRACTICE	05/31/2007	:43.50	:53.00	1:30.00	1:08.00							
PFCC @ COOSAW CREEK	06/05/2007	:45.37										
PFCC @ HOBCAW YC	06/07/2007				:47.70							
CROWFIELD @ PFCC	06/12/2007	:37.14			:49.90							
WILD DUNES @ PFCC	06/14/2007	:36.63										
PFCC @ ASHBOROUGH	06/21/2007				:55.43							

Summer 2007

PROGRESSION for Short Course Meters

Trey DiMuzio	9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:40.21	:49.99	1:02.72	:46.24	1:41.56						
PINE FOREST PRACTICE	05/31/2007	:41.28	:56.63	1:03.69	:50.35	1:59.00						
PFCC @ COOSAW CREEK	06/05/2007			1:02.72	:46.50	1:44.63						
WILD DUNES @ PFCC	06/14/2007	:40.21			:51.61							
LONG POINT @ PFCC	06/19/2007		:51.95		:47.59	1:45.84						
PFCC @ ASHBOROUGH	06/21/2007		:50.75		:46.24	1:41.56						
HOBCAW @ PFCC	06/28/2007		:49.99		:48.49	1:46.46						

Summer 2007

PROGRESSION for Short Course Meters

Matthew Gabel	9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:43.49	1:04.96	1:24.50	:52.70	2:05.56						
PINE FOREST PRACTICE	05/31/2007		1:06.31	1:24.50	1:01.15	2:20.85						
PFCC @ COOSAW CREEK	06/05/2007	:46.25			1:00.42							
PFCC @ HOB CAW YC	06/07/2007		1:04.96		1:00.18	2:14.70						
LONG POINT @ PFCC	06/19/2007				:58.08	2:08.83						
PFCC @ ASHBOROUGH	06/21/2007	:45.31			1:00.32							
HOB CAW @ PFCC	06/28/2007	:43.70			:56.75	2:10.47						
NORTH BRIDGE TERRACE	07/03/2007	:44.88			1:01.62							
2007 CITY MEET	07/15/2007	:43.49			:52.70	2:05.56						

Summer 2007

PROGRESSION for Short Course Meters

Hayden Guyer	9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:48.46	1:10.69	1:17.31	1:15.00	2:06.26						
PINE FOREST PRACTICE	05/31/2007	:58.22	1:15.00	1:27.00	1:15.00							
PFCC @ COOSAW CREEK	06/05/2007		1:10.69	1:26.03		2:06.26						
PFCC @ HOBCAW YC	06/07/2007	:53.25		1:23.95								
CROWFIELD @ PFCC	06/12/2007	:50.21		1:22.55		2:28.13						
WILD DUNES @ PFCC	06/14/2007		1:11.26	1:37.98								
LONG POINT @ PFCC	06/19/2007	:52.21		1:26.72								
PFCC @ ASHBOROUGH	06/21/2007	:53.79		1:25.93								
HOBCAW @ PFCC	06/28/2007	:50.91		1:22.90								
NORTH BRIDGE TERRACE	07/03/2007	:51.87										
2007 CITY MEET	07/15/2007	:48.46		1:17.31								

Summer 2007

PROGRESSION for Short Course Meters

Michael Murphy	9-10	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:43.79	:57.94	1:08.38	:57.00	2:01.02						
PINE FOREST PRACTICE	05/31/2007	:53.50	1:00.83	1:23.06	:57.00	2:01.02						
PFCC @ COOSAW CREEK	06/05/2007	:44.12	1:00.28									
PFCC @ HOB CAW YC	06/07/2007	:43.79	:59.03			2:05.32						
LONG POINT @ PFCC	06/19/2007		1:01.59	1:08.38		2:04.07						
PFCC @ ASHBOROUGH	06/21/2007		1:01.82	1:14.63		2:05.99						
HOB CAW @ PFCC	06/28/2007		1:00.38	1:13.00		2:14.06						
NORTH BRIDGE TERRACE	07/03/2007		:57.94	1:14.94		2:06.33						
2007 CITY MEET	07/15/2007					2:03.93						

Summer 2007

PROGRESSION for Short Course Meters

Jimmy Parker	9-10	50 FR	50 BA	50 BR								
SEASON BEST		:52.85	1:19.41	1:06.34								
CROWFIELD @ PFCC	06/12/2007	:56.93	1:19.41									
WILD DUNES @ PFCC	06/14/2007	1:00.94	1:19.88									
PFCC @ ASHBOROUGH	06/21/2007	:56.34		1:08.69								
HOBCAW @ PFCC	06/28/2007	:52.85		1:06.34								

Summer 2007

PROGRESSION for Short Course Meters

James Rigoroso	11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:39.09	:56.30	:59.15	:49.76	1:51.85						
CROWFIELD @ PFCC	06/12/2007	:41.90		1:05.38	:53.53	1:57.31						
WILD DUNES @ PFCC	06/14/2007	:40.06		1:04.14	:55.46							
LONG POINT @ PFCC	06/19/2007	:40.22	:56.30	1:01.69	:58.47	2:00.90						
PFCC @ ASHBOROUGH	06/21/2007	:40.94		1:02.13	:57.85	2:01.75						
HOBCAW @ PFCC	06/28/2007	:39.09		1:01.25	:56.91	1:51.85						
NORTH BRIDGE TERRACE	07/03/2007	:41.54		1:02.66	:55.82	1:56.59						
2007 CITY MEET	07/15/2007			:59.15	:49.76							

Summer 2007

PROGRESSION for Short Course Meters

Joe Rigoroso	11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:39.87	:52.74	1:12.25	:50.69	2:09.61						
CROWFIELD @ PFCC	06/12/2007	:43.75	:52.74			2:12.59						
WILD DUNES @ PFCC	06/14/2007	:44.40	:53.16		1:02.63							
LONG POINT @ PFCC	06/19/2007	:44.41			:58.78	2:13.59						
PFCC @ ASHBOROUGH	06/21/2007	:42.77	:55.38		:55.96	2:09.61						
HOBCAW @ PFCC	06/28/2007		:54.62		:54.65							
NORTH BRIDGE TERRACE	07/03/2007		:53.68	1:12.25								
2007 CITY MEET	07/15/2007	:39.87			:50.69							

Summer 2007

PROGRESSION for Short Course Meters

Andrew Scholz	11-12	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:35.40	:44.47	:53.93	:51.00	1:43.85						
PINE FOREST PRACTICE	05/31/2007	:36.86	:52.13	1:03.90	:51.00	1:56.16						
PFCC @ COOSAW CREEK	06/05/2007	:36.45	:44.47									
PFCC @ HOBCAW YC	06/07/2007	:36.11	:44.89	:53.93		1:43.85						
HOBCAW @ PFCC	06/28/2007	:35.40	:45.50	:55.97		1:44.15						
NORTH BRIDGE TERRACE	07/03/2007	:36.66	:49.25		:52.22	1:47.72						
2007 CITY MEET	07/15/2007	:36.94	:46.22			1:46.21						

Summer 2007

PROGRESSION for Short Course Meters

Carson Beasley	13-14	50 FR	50 BA	50 BR								
SEASON BEST		:34.97	:46.61	:44.07								
HOBCAW @ PFCC	06/28/2007	:35.50	:47.16									
NORTH BRIDGE TERRACE	07/03/2007	:34.97	:46.98	:44.07								
2007 CITY MEET	07/15/2007	:36.09	:46.61									

Summer 2007

PROGRESSION for Short Course Meters

Brooks Bowen	13-14	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:33.58	:39.16	:43.26	:36.33	1:22.74						
PINE FOREST PRACTICE	05/31/2007	:33.58	:42.35	:45.88	:39.36	1:29.00						
PFCC @ COOSAW CREEK	06/05/2007			:43.52	:36.33	1:24.38						
PFCC @ HOBCAW YC	06/07/2007			:43.26	:36.39	1:22.94						
CROWFIELD @ PFCC	06/12/2007		:40.33	:43.40								
WILD DUNES @ PFCC	06/14/2007		:40.77		:36.77							
PFCC @ ASHBOROUGH	06/21/2007		:39.16			1:22.74						
HOBCAW @ PFCC	06/28/2007		:39.85		:38.04	1:24.06						
2007 CITY MEET	07/15/2007		:39.73		:38.00							

Summer 2007

PROGRESSION for Short Course Meters

Chris Gregor	13-14	50 FR	50 BA									
SEASON BEST		:34.34	:40.22									
PFCC @ COOSAW CREEK	06/05/2007	:35.16										
PFCC @ HOBCAW YC	06/07/2007	:34.48	:41.72									
CROWFIELD @ PFCC	06/12/2007	:34.97	:42.31									
WILD DUNES @ PFCC	06/14/2007	:35.09	:41.34									
LONG POINT @ PFCC	06/19/2007	:34.34	:40.22									

Summer 2007

PROGRESSION for Short Course Meters

Michael Tibbs	13-14	50 FR	50 BR	50 FLY	100 I.M.							
SEASON BEST		:31.30	:39.63	:36.60	1:16.11							
CROWFIELD @ PFCC	06/12/2007	:31.30	:41.59	:37.57								
WILD DUNES @ PFCC	06/14/2007		:41.47	:36.60								
LONG POINT @ PFCC	06/19/2007		:41.47	:37.31	1:16.11							
PFCC @ ASHBOROUGH	06/21/2007		:39.63	:37.40	1:16.22							
HOBCAW @ PFCC	06/28/2007		:40.45	:36.80	1:18.06							
NORTH BRIDGE TERRACE	07/03/2007		:41.40	:37.50	1:19.00							
2007 CITY MEET	07/15/2007		:41.75	:38.62	1:19.21							

Summer 2007

PROGRESSION for Short Course Meters

Daniel Zuvia	13-14	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:30.53	:42.66	:38.88	:40.18	1:18.78						
PINE FOREST PRACTICE	05/31/2007	:32.07	:42.66	:48.62	:45.00	1:41.34						
PFCC @ COOSAW CREEK	06/05/2007			:41.00	:40.18	1:28.41						
PFCC @ HOBCAW YC	06/07/2007	:31.40		:41.20		1:25.08						
CROWFIELD @ PFCC	06/12/2007			:42.23	:59.09							
WILD DUNES @ PFCC	06/14/2007	:32.54		:43.37								
LONG POINT @ PFCC	06/19/2007	:31.28		:42.21		1:22.41						
PFCC @ ASHBOROUGH	06/21/2007	:30.53		:40.39								
HOBCAW @ PFCC	06/28/2007	:31.35		:38.88								
NORTH BRIDGE TERRACE	07/03/2007	:30.96		:40.28		1:18.78						
2007 CITY MEET	07/15/2007	:30.77		:39.36		1:20.77						

Summer 2007

PROGRESSION for Short Course Meters

Luke Moderhack	15-18	50 FR	50 BA	50 BR	100 I.M.							
SEASON BEST		:31.09	:42.14	:42.60	1:27.75							
PFCC @ COOSAW CREEK	06/05/2007	:32.25		:44.18								
PFCC @ HOBCAW YC	06/07/2007		:42.14	:42.60								
CROWFIELD @ PFCC	06/12/2007	:32.03		:45.75								
WILD DUNES @ PFCC	06/14/2007	:32.12		:46.00								
HOBCAW @ PFCC	06/28/2007	:32.50		:43.74	1:27.75							
NORTH BRIDGE TERRACE	07/03/2007			:45.76	1:28.53							
2007 CITY MEET	07/15/2007	:31.09		:42.78								

Summer 2007

PROGRESSION for Short Course Meters

Chris Schweitzer	15-18	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:31.56	:42.07	:39.68	:34.90	1:21.21						
PINE FOREST PRACTICE	05/31/2007	:31.56	:42.07	:49.41	:39.06	1:30.49						
PFCC @ COOSAW CREEK	06/05/2007				:35.63	1:23.25						
PFCC @ HOBCAW YC	06/07/2007			:41.45	:34.96	1:21.21						
CROWFIELD @ PFCC	06/12/2007			:43.13	:37.12							
WILD DUNES @ PFCC	06/14/2007			:41.79	:36.45							
LONG POINT @ PFCC	06/19/2007			:40.82	:36.84	1:23.06						
PFCC @ ASHBOROUGH	06/21/2007			:39.68	:36.25	1:23.38						
2007 CITY MEET	07/15/2007			:39.97	:34.90	1:23.90						

Summer 2007

PROGRESSION for Short Course Meters

Dalton Weinstein	15-18	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:28.57	:35.45	:58.81	:59.73	1:20.33						
PINE FOREST PRACTICE	05/31/2007	:31.50	:39.91	:58.81	:59.73	1:36.84						
PFCC @ COOSAW CREEK	06/05/2007	:29.41				1:27.81						
PFCC @ HOBCAW YC	06/07/2007	:29.00	:35.45			1:20.33						
CROWFIELD @ PFCC	06/12/2007	:29.36	:38.27									
HOBCAW @ PFCC	06/28/2007	:28.57	:36.30			1:27.84						
2007 CITY MEET	07/15/2007	:28.98	:37.74			1:22.29						

Summer 2007

PROGRESSION for Short Course Meters

Nick Zuvia	15-18	50 FR	50 BA	50 BR	50 FLY	100 I.M.						
SEASON BEST		:31.68	:39.29	:54.56	:38.38	1:30.49						
PINE FOREST PRACTICE	05/31/2007	:33.75	:42.19	:54.56	:45.19	1:42.25						
PFCC @ COOSAW CREEK	06/05/2007		:43.34		:43.25							
PFCC @ HOBCAW YC	06/07/2007	:31.68			:40.61							
CROWFIELD @ PFCC	06/12/2007		:41.81		:40.34							
WILD DUNES @ PFCC	06/14/2007	:32.82	:40.52									
LONG POINT @ PFCC	06/19/2007	:32.83	:41.06			1:37.28						
PFCC @ ASHBOROUGH	06/21/2007	:33.00	:39.78			1:35.77						
HOBCAW @ PFCC	06/28/2007		:39.29		:38.38							
NORTH BRIDGE TERRACE	07/03/2007	:33.28	:40.56			1:30.49						
2007 CITY MEET	07/15/2007		:42.33									