

## Welcome to the 2006 Summer Swim Season

We are happy to have you join the Pine Forest Country Club Swim Team.



### Coaching Staff

Our 2006 coaches are superior. Our head coach will be Rob Olson. Rob has been a competitive swimmer since he was a child, and holds record times in several events. He has served as the assistant coach with Erik Kreutner at Parkshore. He is currently a student at East Carolina University. He brings enthusiasm, skill and experience in swim instruction and coaching.

Nick Olson (Rob's brother) and Brielle Weinstein will serve as assistant coaches. Nick has worked as an assistant coach at Parkshore, and Brielle returns as a Pine Forest assistant coach. Both of these coaches have superior skills in swim instruction and coaching.

### Practice Schedule

Practices will be Mondays through Fridays. Afternoon practices will begin May 8<sup>th</sup>, and continue until school ends for the year. Once school is out, we will begin our morning practices. The practice time for each child is determined by experience and ability. Our coaching staff will inform you of practice times and changes when necessary.

### Swim Parents



Our summer swimming league is possible through the volunteer efforts of all of our parents. At Swim Meets, parents serve as place judges, timers, scorekeepers, and officials. Information describing each of these will be shared so that every parent has the opportunity to contribute to the success of our team. Your help is greatly appreciated, and necessary. In addition to meets, there are opportunities for parents to volunteer for special events. This includes keeping up to date records of swimmers' times, planning special events (such as our end of the season banquet), and hosting events. It is a fun way to support the team and get to know more of our swimmers' parents.

### Swim Meets

Swim Meets are held on Tuesday and Thursday evenings. About half of our meets will be away meets. The rest will be held at the Pine Forest Country Club pool. Swimmers are expected to arrive for warm-ups by 6:00 pm. Meets begin at 7:00 pm. Typically, each meet is about 2 hours in length.

### *Pine Forest 2006 Swim Meet Schedule*

June 6 – Parkshore @PF

June 8- Bye

June 13 – PF @ Crowfield

June 15 – Hobcaw @ PF

June 20 – PF @ James Island

June 22 – Longpoint @ PF

June 27 – PF @ Ashborough

June 29 – Wild Dunes @ PF

July 6 – PF @ Snee Farm

Chene Moore Meet - ??

City Meet – July 16, 17, 18

### Important Dates for the 2006 Season

June 2	Rosters due to league registrars
June 6	Dual meets begin
June 23	City meet T-shirt entries due
July 7	City meet entries and advertisements due
July 16-18	CCAA championships at JCC



**Communication:** Help us keep you informed of important information throughout the season. Send an email to the following address. We will reply to let you know that we have your email. We will create an email mailing list. Also, please feel free to email questions or concerns at any time. Thank you.

[eriskow@alumni.clemson.edu](mailto:eriskow@alumni.clemson.edu)

**Check out our website [pfs swim.com](http://pfs swim.com)**